

CHOICES

Reason to Celebrate

At an event this spring to celebrate the anniversary of The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center, former patients, medical staff members, board members, and trustees celebrated 15 years of success.

SINCE ITS ESTABLISHMENT, THE INSTITUTE has met all the healthcare needs of its community and become an international example of best practices for blood management techniques. More than 300 people said “thank you” by attending the event that celebrated the success of the program and the continued growth of blood management worldwide.

Patient Focused

Former patients speaking at the event included Stacey Singletary, who had bloodless brain surgery at The Institute in 1999 after being turned away by specialists across the country. Taking the stage with her physicians, Stacey thanked all the members of the medical staff who saved her life.

Grammy Award-winning guitarist and former patient George Benson performed and spoke at the event. He shared his appreciation for the quality care he and other family members have received at The Institute.

“Through the years, we have stayed true to our values and those of our community, meeting their healthcare needs 24/7,” says Warren Geller, Executive Vice President and Chief Operating Officer of Englewood Hospital. “We will continue to invest in Englewood Hospital and The Institute to ensure that we continue to lead patient blood management initiatives and set an example for healthcare providers worldwide.”

For more information about The Institute and its patient stories, visit www.bloodlessmed.com.



Arveh Shander, MD, Executive Medical Director



Dr. and Mrs. Nate Lebowitz



Dr. and Mrs. Herbert Dardik



Dr. and Mrs. Francis Forte



Dr. Alexander Hyatt



Stacey Singletary



Patient Blood Management Staff



George Benson



Dr. David Feldman



Dr. Richard Goldweit



Thomas Greco, Vice President



Warren Geller, COO



The Institute for
Patient Blood Management &
Bloodless Medicine and Surgery

Englewood Hospital and Medical Center

GET TO KNOW DR. SUEDE

AS A DEDICATED MEMBER of the medical team at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center, Samuel Suede, MD, FACC, board-certified cardiologist and Co-Director of Cardiac Rehabilitation tells *Choices* why he loves medicine.

“The ability to help people, coupled with the stimulating struggles and intellectual challenges of working in the medical field, are what inspired me to become a physician,” Dr. Suede says.

Dr. Suede loves cycling and exercises several days a week—pencil in golfing and skiing when he can. Also a lover of cinema, Dr. Suede says he probably saw every movie nominated for an Academy Award this year. His all-time favorite movie is *Chariots of Fire*. In his spare time, Dr. Suede also enjoys reading and traveling.

For a physician referral to The Institute, visit www.bloodlessmed.com or call 1-888-766-2566.



STRAIGHT TALK WITH DR. SUSSMAN

BARRY SUSSMAN, MD, BOARD-CERTIFIED general surgeon and breast surgeon on staff at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center, understands it's important to continue learning throughout life. Because of this, Dr. Sussman is working toward a new personal goal: learning to speak Spanish.

“At The Institute, we serve a large population of Spanish speakers,” says Dr. Sussman, a father of three. “I would like to speak the language so I can enhance care for these patients and their families.”

Dr. Sussman, a lifelong learner who was inspired to go into medicine by his family's general practitioner, realized during his adolescence that a career in medicine would combine his love of the sciences and his ability to interact with people.

“I realized that medicine was an ideal combination of the things I excelled at and enjoyed,” Dr. Sussman says. “Thirty years later, I pride myself on providing patients with quality care, being honest with them, and being able to make them better.”

In his spare time, Dr. Sussman enjoys reading science fiction, watching movies, and attending Broadway plays with his wife.

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MORE ABOUT DR. MORRISON

FOR JILL MORRISON, MD, hematologist and oncologist at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center, helping others has been a life-long desire.

“I've always wanted to be a physician,” says Dr. Morrison. “Even as a child I wanted to be involved in other people's lives and help them as much as possible. Now, it's very exciting to practice bloodless medicine. I get to help a new group of people.”

Dr. Morrison describes herself as an athletic enthusiast and avid knitter in her free time.

“I've helped people so extensively that one of my patients named her child after me,” says Dr. Morrison. “I'm also a mother of two children who love that I'm a physician involved in bloodless medicine.”

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GIVING ONE PATIENT PEACE *of* MIND



In August 2003, a car accident changed John Villanueva's life forever. Nearly seven years later, an operation at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center may have saved it.

THAT AUGUST, JOHN, NOW 34, was struck by a cargo van while driving on his native island of Kauai in Hawaii. After being stabilized at a local hospital, the journeyman carpenter and surfing and diving enthusiast was transferred to a hospital on Oahu, where he was in a coma for six weeks. When he woke up, he was blind.

"I was very depressed at first," John says. "I missed seeing the things I loved, especially my 2-year-old son. I learned to cope, however, and physical and occupational therapy helped me regain the ability to walk and move my arms. The jarring sustained by my body during the accident also caused an aortic aneurysm, which the physicians on Oahu told me should be monitored rather than taken care of immediately."

As John and his girlfriend, Teresa, researched aortic aneurysms during the next few years, they realized the potential seriousness of John's condition. He obtained a second opinion from another physician on Oahu, who was reluctant to operate based on the aneurysm's location and John's wish for bloodless surgery. After that disappointment, John and Teresa remembered a video they'd seen that mentioned The Institute and decided it sounded like the best place for John to seek treatment.

Finding the Right Care a Continent Away

In February 2010, John and Teresa journeyed from the Aloha State to New Jersey for an appointment at The Institute with surgeons Herbert Dardik, MD, and Theresa Impeduglia, MD. After undergoing a computed tomography (CT) scan, John was referred for surgery to James J. Klein, MD, Chief of the Department of Cardiothoracic Surgery at Englewood Hospital and Assistant Clinical Professor of Cardiothoracic Surgery at Mount Sinai School of Medicine.

"The care team reviewed Mr. Villanueva's prior CT scans and found the aneurysm was enlarging and at risk for rupture," Dr. Klein says. "We resected the aneurysm with the aid of a heart-lung machine and cardiopulmonary bypass and replaced a segment of his thoracic aorta with a tube graft. The operation took multiple hours and was successful. Mr. Villanueva has made an excellent recovery so far."

"I'm glad I chose The Institute for my surgery," John says. "The attitude of everyone I met there was calm and confident, and that made me feel better. I no longer have to worry about an aneurysm bursting in my chest, and I feel free to do my favorite things, like hiking and fishing with Teresa, without such a weight on my mind."

For more information about bloodless surgery at The Institute, visit www.bloodlessmed.com.

"We were treated wonderfully at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center. John has often remarked that if he had to deal with a problem like an aortic aneurysm again, he wouldn't seek care anywhere else."

—Teresa McKee, John Villanueva's girlfriend

EDUCATING THE PUBLIC ABOUT BLOODLESS MEDICINE

On March 13, The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center hosted a seminar in New York City to educate and inform the public about bloodless medicine techniques.

MORE THAN 700 PEOPLE attended the seminar luncheon to learn more about The Institute's blood management program. This free public seminar featured physicians from almost every field of medicine—from cardiology to gynecology—and was one of several seminars hosted by The Institute this year.

Seven physicians spoke at this year's event, each concentrating on his or her own specialty and how it relates to blood management and blood management during surgery. Following each presentation, attendees were given the opportunity to ask questions.

"I think many of those who attended already knew a little about bloodless medicine but weren't aware that our hospital has such an extensive program," says Thomas Greco, Vice President of Englewood Hospital and Medical Center. "We received so many questions following our New York City event, and many attendees requested to see our physicians in their offices."

What Is Bloodless Medicine?

Since opening its doors in 1994, The Institute has prided itself on offering a progressive approach to blood

management to all patients using safe and effective transfusion-free medical and surgical techniques in an effort to reduce the many risks associated with blood transfusions.

The Institute treats patients for whom blood transfusion is not an option and educates medical professionals and patients as to how patient blood management can improve medical outcomes for all healthcare consumers.

"Our physicians are specially trained in the practice of bloodless medicine, and our successes speak volumes about our capabilities," says Sherri Ozawa, RN, Director of The Institute. "Tens of thousands of patients from the United States and abroad have traveled to Englewood Hospital to undergo highly complex procedures, such as brain, open-heart, and gastrointestinal surgeries, all without the use of blood transfusions."

To learn more about bloodless medicine, visit www.bloodlessmed.com.



Aryeh Shander, MD
Executive Medical Director



Giuseppe Condemi, MD
Hematology/Oncology



Michael Vardy, MD
Uro-Gynecology



John Owens, MD
Orthopedics



Mark Sapienza, MD
Gastroenterology



Jacqueline Hollywood, MD
Cardiology



Hetal Gor, MD
Obstetrics and Gynecology

UNDERSTANDING THE ROLE OF INTENSIVISTS

Patients in dire circumstances require the focused attention of medical professionals trained in the area of critical care. At Englewood Hospital and Medical Center, full-time intensivists offer patients the services they need around the clock.

THE ROLE OF INTENSIVE care medicine for critical care patients is still relatively new. Across the country, very few facilities have full-time physicians dedicated solely to the treatment of patients admitted to the intensive care unit. At Englewood Hospital and Medical Center, an experienced team of specially trained intensivists provides critically ill patients with state-of-the-art critical care medicine. Additionally, every intensivist at Englewood Hospital is trained in bloodless techniques.

“The role of the intensivist consists of caring for patients who are critically ill or coping with potentially life-threatening health problems,” says Carmine Gianatiempo, MD, FCCP, FACP, Director of Critical Care at Englewood Hospital. “At Englewood Hospital, we are dedicated to caring for each of our patients, making sure they receive the individualized attention they need and the most up to date medical and technological care available.”

The Bloodless Advantage

For patients at The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center, the advantages of around-the-clock intensivist care are readily apparent.

“Our intensivist staff is fully educated in the application of bloodless techniques and technology,” adds Dr. Gianatiempo. “Intensivists at Englewood Hospital take a proactive role in meeting all the needs of our bloodless patients and providing the medical care they request at a level of excellence they deserve.”

For more information about medical services available at The Institute, visit www.bloodlessmed.com.

A LIFE-CHANGING SECOND OPINION

When Debra Westberg’s gynecologist recommended she undergo a hysterectomy for severe pain she was experiencing due to an ovarian cyst, Debra sought a second opinion.



Debra Westberg

SINCE DEBRA HAD NEVER had surgery before, it was very important that her personal medical needs were met, which led her to The Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital and Medical Center.

“If I had to have a hysterectomy,

directed to Vladimir Kilinsky, MD, gynecologist at Englewood Hospital, who recommended laparoscopic surgery.

“Everyone knew I was a bloodless medicine patient because of my identification bracelet,” says Debra. “Throughout my time there, I was treated with dignity and knew the staff would respect my wishes. I felt confident and reassured that I would receive excellent care.”

After undergoing surgery, Debra learned that she had pelvic adhesions instead of an ovarian cyst.

“When I came out of the operating room, I was very happy and relieved by the outcome,” says Debra. “I am so glad I was able to receive the level of care I did at Englewood Hospital.”



Vladimir Kilinsky, MD

For more information about the surgical services available at The Institute, visit www.bloodlessmed.com.

I wanted it to be at a hospital with a bloodless surgery program,” says Debra. “Since I was a former resident of New Jersey, I was familiar with the bloodless program at Englewood Hospital and Medical Center.”

Compassionate Care

Upon her arrival at Englewood Hospital, Debra was attended to by a variety of specialists and medical staff before being



**The Institute for
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Englewood Hospital and Medical Center

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