

Physical & Occupational Therapy

Our Rehabilitation Program provides joint replacement patients with the highest quality of care by maximizing their mobility and physical abilities. Rehabilitation expertise is provided by Englewood Hospital for both inpatients and outpatients.

Inpatients will be seen at their bedside after surgery to resume walking and other daily activities. Therapists are also part of Joint University where they review the rehabilitation program with the patient prior to surgery and answer questions.

Patients who return to us after surgery as outpatients have the advantage of being seen by therapists who are members of the care team and understand the surgical procedures they have undergone.

In addition to a highly trained staff, our rehabilitation program offers outpatients convenient hours, and free parking.

A Center of Excellence

Our Knee & Hip Replacement programs have received **The Joint Commission's Gold Seal of Approval™**.

These accreditations are recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting performance standards, such as patient rights, patient treatment and infection control.

Center of Excellence certification was awarded after the orthopedic experts at our Joint Replacement Center voluntarily underwent an intensive evaluation where they demonstrated exemplary standards and practices in joint replacement treatments and procedures.

Exceptional Patient Care, Privacy & Comfort

Joint Replacement patients begin their recovery in a new, post-surgical orthopedic unit. Located in the The Kaplen Pavilion, above the Emergency Care Center, the unit has 22 private rooms to accommodate patients and facilitate family visits.

This state-of-the-art facility is outfitted with furniture and equipment made especially for joint replacement patients, such as higher-rise chairs and devices to ensure safe and comfortable patient lifting and movement.



The new unit reflects Englewood Hospital's commitment to family-centered, comprehensive care. In addition to patient rooms that ensure privacy and comfort, the unit also offers common areas for educational programs, social interaction, and proximity to other services of the Medical Center, including physical therapy.

The Joint Replacement Center



ENGLEWOOD
HOSPITAL AND MEDICAL CENTERSM
AN AFFILIATE OF MOUNT SINAI SCHOOL OF MEDICINE

350 Engle Street, Englewood, NJ 07631
Orthopedic Surgeon Referral:
1-866-980-EHMC

EnglewoodHospital.com



The Joint Replacement Center

The outstanding orthopedic surgeons at Englewood Hospital and Medical Center use advanced joint replacement techniques to help patients regain quality of life. State-of-the-art minimally invasive techniques reduce scarring and pain, and help you recover faster. In fact, some patients are walking within hours and are home after two days.

Adding to the excellent patient experience, we offer the comfort of our spectacular Kaplan Pavilion — the ultimate in patient and family-centered care, privacy and luxury.

A Team Approach to Care

The Joint Replacement Center at Englewood Hospital brings together a combination of surgical expertise and state-of-the-art technology to deliver compassionate orthopedic care at the highest level.

Patients benefit from a highly skilled multidisciplinary team, which includes: the area's top orthopedic surgeons, Magnet Award winning nurses, on-site rehabilitation medicine and gym facilities, and the use of integrative healing modalities, including massage therapy.



Patient Education

As part of its commitment to interdisciplinary, individualized care, Englewood Hospital offers a “Joint University” workshop program for patients about to undergo joint replacement surgery.

The goal of Joint University is to familiarize the patient and their “coach” (a loved one who will help the patient through their recovery) with the expectations of joint replacement surgery. The program covers a range of topics from pre-surgery planning to the progression of the post-op period.

In addition to being an informational session, Joint University is also designed to help alleviate any apprehension the patient may have about the surgery and healing process.

Joint University, which lasts about two hours, is held in a group setting consisting of several patients and their coaches. Patients are given a workbook which contains helpful information, checklists, tools, and room for notes. The atmosphere is comfortable and friendly.

During the program, the group meets with the Orthopedic Nurse Practitioner, the Physical and Occupational Therapist, and the Care Coordinator. Each explain their role in the surgery and recovery process and explain what patients can do to make a smooth return to a normal life. The coaches are prepared so they will be able to provide a familiar face and a helping hand from the moment the patient arrives in their hospital room following their surgery.

Expert, Individualized Care

At the core of the Medical Center's comprehensive Joint Replacement Center is a team of experienced, fellowship-trained orthopedic surgeons. They boast a variety of specialties — all at the forefront of advances in joint replacement technology and orthopedic surgical techniques.

Among these are:

- Gender-specific knee implants
- Unicompartmental knee arthroplasty
- Minimally invasive, two incision hip replacement (MIS-2)
- Hip resurfacing
- Complex revision surgery

Our surgeons are experts in minimally-invasive surgery. Research shows that minimally-invasive procedures, which are performed with smaller incisions, result in smaller scars, less pain, and allow for a faster recovery than traditional surgery methods. Furthermore, 95% of all elective surgery performed at Englewood Hospital — including joint replacements — is performed without blood transfusions or the use of blood products. Studies indicate a direct link between bloodless surgery, shorter hospital stay, faster healing, and a lowered chance of transfusion-associated infection or disease.

An individualized approach is taken in every aspect of the joint replacement experience. This includes the utilization of the most appropriate joint replacement technique, patient education with a personal touch, a rehabilitation medicine program designed to meet patients' varying lifestyle needs, and the use of a range of complementary healing and pain management techniques when appropriate.

